



The Light Wheel explained



Social connections

The extent to which we connect with and support each other as a community



Living faith

Our faith in God and the way our daily lives are shaped by it



Capabilities

Developing and using our gifts and skills to make a living, serve others, and bring about positive change in our lives



Material assets & resources

Using our creativity to make the most of our resources, make new resources, and share our resources with others



Care of the environment

Looking after and enjoying the natural world, easing the risks and protecting resources for future generations



Personal relationships

The love, security and respect we find in marriages, families and close friendships



Emotional & mental wellbeing

How we feel about ourselves and the opportunities we see in our future



Physical health

Looking after our bodies and having access to good-quality health services



Participation & influence

Using our voice to influence decision-makers and make our communities a better place

